

MEDICAL QUIZ

30-years-old male developed lesions

What is this condition?
What is the sign to be elicited?
What is the severity of illness score and describe?



Figure a,b,c,d: 30-year-old male consulted orthopaedician for joint pains and he was given allopurinol. Patient developed these lesions within 2 days of medication.

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^{*}Answers are available in next page



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Answer for the medical quiz -

30-years-old male developed lesions

Answer for question 1: Toxic epidermal necrolysis

Answer for question 2: Nikolsky's sign

Answer for question 3: The SCORTEN score (a severity-of-illness score for toxic epidermal necrolysis) calculates the risk for death in both SJS and TEN based on the following variables:

- ➤ Age >40 years
- ➤ Malignancy
- ➤ Heart rate >120
- ➤ Initial percentage of epidermal detachment >10%
- ➤ Blood urea nitrogen (BUN) level >10 mmol/L
- ➤ Serum glucose level >14 mmol/L
- ➤ Bicarbonate level < 20 mmol/L

Each variable is assigned a value of 1 point. Mortality rates are as follows:

- ► 0-1 points, $\ge 3.2\%$
- > 2 points, ≥12.1%
- > 3 points, ≥35.3%
- ➤ 4 points, ≥58.3%
- > 5 or more points, ≥90%